

AMERICAN FIDELITY ASSURANCE COMPANY'S

# FLEXIBLE Benefit Plan



## Are You Saving Money With Dependent Day Care?

The Dependent Day Care Account allows you to contribute amounts to reimburse yourself for eligible day care expenses. A maximum of \$5,000 is allowed for reimbursement of dependent day care expenses per calendar year (the amount changes to \$2,500 if you are married and file a separate tax return). As you incur an eligible dependent day care expense, simply submit your claim to American Fidelity for reimbursement of the costs.

## Do You Spend Too Much On Out-Of-Pocket Medical Expenses?

Each year, you can elect to direct a portion of your paycheck into an Unreimbursed Medical Expense Account. As you incur an eligible expense, simply submit your claim to American Fidelity for reimbursement. Examples of eligible medical expenses may include, but are not limited to, medical deductibles, co-payments, prescriptions and other medical expenses not reimbursed by another source.

### Other eligible expense examples include:

Acupuncture	Hearing aids and batteries	Pediatrician
Alcohol and drug rehabilitation	Insulin	Physical therapy provided by licensed therapist
Anesthetist	Invitro fertilization	Practical nurse
Artificial limbs and teeth	Laser eye surgery	Psychiatrist
Birth control	Midwife	Psychologist
Chiropractor	Optometrist	Stop-smoking program
Christian Science practitioners	Orthodontia expenses*	Transportation expenses for person to receive medical care based on IRS standard mileage allowance
Dental care	Outpatient care	Weight loss programs and/or drugs prescribed to induce weight loss***
Eye exam, eyeglasses, contact lenses, contact lens solutions and enzyme	Over-the-counter drugs and medicines for treatment of a medical condition**	

\* Service must have been incurred or already paid

\*\* Will require a medical practitioner's prescription

\*\*\* May need doctor's statement for medical necessity

## Remember: Be conservative when determining your contributions— “If you don't use it, you lose it!”

We are proud to be your Flexible Spending Accounts Plan Provider.

For more information or to enroll in this plan, see your American Fidelity representative.

 **American Fidelity  
Assurance Company**

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