Talk to a

anytime.

As a CalPERS Blue Shield HMO member, you have access to Teladoc®. Teladoc provides 24/7/365 access to a network of board-certified California doctors who can treat many of your medical issues, anytime, through the convenience of phone and online video consultations.

24/7/365 access to care

When can you use Teladoc? Anytime.

- When you need care now.
- If you’re considering the ER or urgent care center for a non-emergency issue.
- On vacation, on a business trip, or away from home in California.
- For short-term prescription refills.

For your medical issues

Teladoc’s California-licensed doctors can resolve many medical issues including:

- Cold & flu symptoms
- Bronchitis
- Respiratory infection
- Allergies
- Urinary tract infection
- Ear infection
- And more!

Savings for quality care

Take advantage of this convenient healthcare option for your non-emergency medical needs at no additional cost.

With your consent, Teladoc is happy to provide information about your consultation to your primary care physician.

Why wait for the care you need?
Set up your Teladoc account today!

Visit www.teladoc.com/bsc or call 1-800-Teladoc (835-2362) to get started.